



IHN-CCO Transformation

**Summary of Current Pilots
for Benton, Lincoln and Linn Counties**

2023

IHN-CCO Transformation Pilots

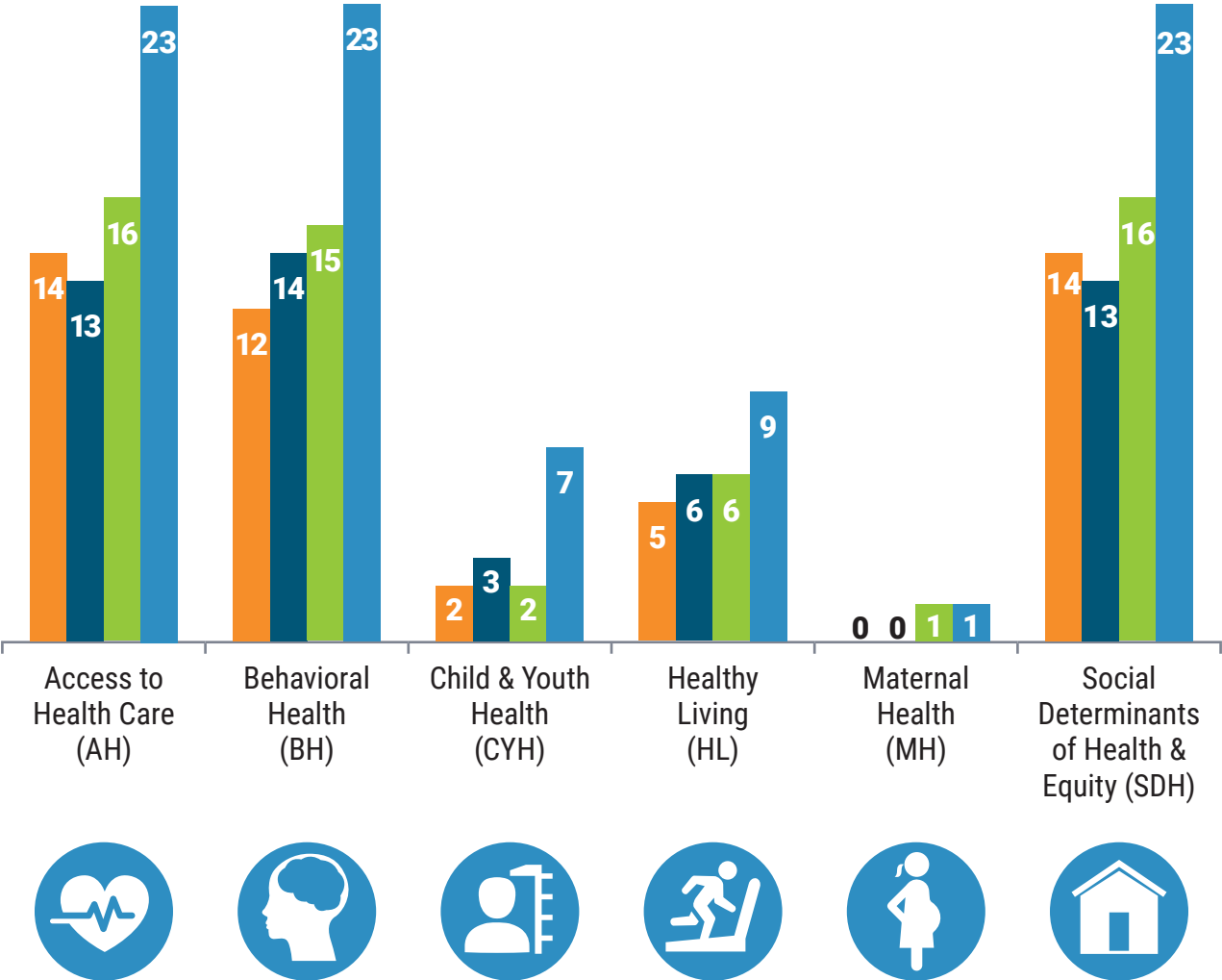
These are the current InterCommunity Health Network Coordinated Care Organization (IHN-CCO) Transformation pilots in Benton, Lincoln and Linn counties. Pilots are selected from a competitive Request for Proposals process. The goal is to achieve better quality health care, lower costs and more access to services through innovative, equity-focused initiatives.

To be considered, pilots must meet at least one Community Health Improvement (CHIP) area. The new pilots in 2023 must address at least one CHIP Outcome and Indicator Concept in the area of Access, Behavioral Health or Social Determinants of Health and Equity. The graph below shows the CHIP areas addressed by each pilot and the icons are carried through the document to represent CHIP areas for each pilot summary.

Transformation Pilots

by CHIP Area and by County

- Benton County
- Lincoln County
- Linn County
- Total

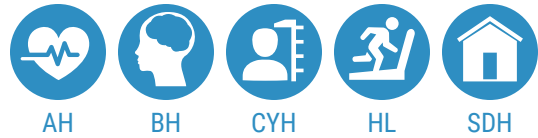


Ahead of the Curve

Date range: January 2023 to December 2023

Location: Lincoln County

Site: Olalla Center



Olalla Center’s Ahead of the Curve pilot proposal is an innovative behavioral health work-based learning and development project. This project is intended to address the workforce shortages in behavioral health, specifically trauma treatment, in Lincoln County. Ahead of the Curve will increase behavioral health care for those impacted by trauma while promoting increased equity and diversity in the workforce. The Ahead of the Curve pilot project will help marginalized and vulnerable people heal from trauma, increase the diversity and numbers of behavioral health workers in Lincoln County and increase access to psychiatric evaluations and medication management.

Health Outcomes:

- Help marginalized and vulnerable people heal from trauma.
- Increase the diversity and numbers of behavioral health workers in Lincoln County.
- Increase access to psychiatric evaluations and medication management for IHN-CCO members.

Sustainability: Clinical staff will participate in billable services to help support their wages and clinical supervision hours. Olalla Center will continue to raise funds through Behavioral Health grants and community fundraising support.

Amplifying Voices

Date range: September 2022 to December 2023

Location: Lincoln County

Site: Samaritan Health Services ArtsCare Program



The Amplifying Voices pilot project focuses on the process of creating art as a method of improving mental health outcomes for teens in the BIPOC, LGBTQIA2S+, disabled and other historically underrepresented and underserved subpopulations in the coastal community. The project will give a platform and restorative dignity to these youth through therapeutic self-expression and art. Amplifying Voices seeks to help these teens find their voice and then through the power of art and community, amplify those experiences to a larger audience. Under the guidance of professional artist mentors, youth will create a public artwork installation.

Health Outcomes:

- Art-as-healing experiences to historically underserved teens in Lincoln County.
- Improved self-reported mental health.
- Community building and increased connection.

Sustainability: If successful, ArtsCare will seek continued program funding through operational budget allocations from Samaritan administration and by working with the Samaritan Foundation directors to identify and develop sustaining partnerships.

Arcoiris Cultural

Date range: January 2022 to December 2023

Location: Lincoln County

Site: Olalla Center



Arcoiris Cultural focuses on Latino/a/x and Central American Indigenous communities to create a vibrant, arts-centric, community-driven space in Lincoln County. The center promotes community health and wellness through deep community building, providing culturally specific resource navigation, health education and outreach and creating a place for traditional arts and culture to thrive. Arcoiris Cultural seeks to honor and connect with the resiliency, creativity and diversity of immigrant, migrant and refugee communities while leveraging the resources, partnerships and experience of the Olalla Center to build health through building community.

Health Outcomes:

- Address impacts of trauma.
- Improve access and increase awareness around resources and services.
- Increase health outcomes through increasing feelings of community, safety and well-being.

Sustainability: If successful, the Olalla Center will continue support of Arcoiris Cultural and will explore billing of services for resource navigation.

Culturally Responsive Peer Services

Date range: January 2021 to December 2023

Location: Benton, Lincoln and Linn Counties

Site: Family Tree Relief Nursery



This innovative project will bring together three regional partners in a coordinated, collaborative and innovative approach to expand access to culturally responsive peer services in the region. The project will focus on improving access to behavioral health services in non-traditional ways while developing a bicultural and bilingual workforce to support Indigenous/Tribal and Latino/a/x communities impacted by Substance Use Disorder (SUD). The overarching goal of this project is increasing positive health outcomes for Latino/a/x and Indigenous members who are suffering from SUD.

Health Outcomes:

- Increased access to appropriate, trauma-informed and culturally responsive care at the appropriate time and place.
- Increase substance use screenings, services referrals and access to peer and parent support services.
- Increase health equity within community responsive peer services.

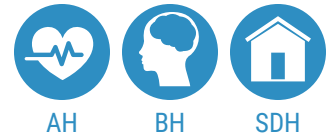
Sustainability: If the payment model is successful, current services contracts and new contracts would be combined, in partnership with IHN-CCO, to cover the cost of delivering these community-based services.

Culture of Supports

Date range: January 2021 to December 2023

Location: Lincoln County

Site: North End Senior Solutions



Culture of Supports creates a process of screening for behavioral and memory health that includes follow-up supports. This results in a better relationship between an IHN-CCO member and health care providers. Supports provided include education, peer and mentor support, adaptive tools and addressing social determinants of health concerns. The process of healing and well-being shifts from health care providers to the individual members. The desired outcome will be an engaged “partnership in health” resulting from a culture of supports within the community.

Health Outcomes:

- Improve member satisfaction with HCPs.
- Provide community screening and supportive programs for behavioral and memory health.
- Contribute to HCPs awareness, knowledge and skills for communication with behaviors.
- Provide more transportation options for members.
- Eliminate or compensate for disparities that increase health risk.

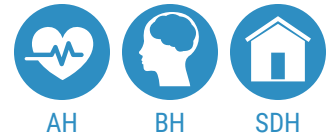
Sustainability: If successful, North End Senior Solutions will work to contract with IHN-CCO for traditional health worker services and continue education and training.

Decolonizing Behavioral Health Supports

Date range: January 2022 to December 2023

Location: Benton, Lincoln and Linn Counties

Site: Corvallis Daytime Drop-in Center (CDDC)



Corvallis Daytime Drop-in Center is a crucial resource hub for information, referral and direct services for individuals experiencing poverty in the communities of Benton and Linn counties. CDDC meets people’s basic needs, provides dignified advocacy, offers opportunities for building community and social networks and supports individuals’ welfare across emergency, transitional and ongoing life circumstances. This innovative project provides new and different learning, aims to decrease systemic barriers and promote increased health equity for underhoused and low-income community members through more robust behavioral health direct support.

Health Outcomes:

- Address trauma.
- Improve access to behavioral health services in non-traditional ways.
- Increase and improve access to behavioral health care in light of COVID-19.
- Assist subpopulations of IHN-CCO members who experience health disparities.

Sustainability: If successful, a formal fundraising strategy will be established to create space for confidential counseling at CDDC and create long-term funding opportunities from a variety of sources, streams and partnerships.

Disability Equity Center

Date range: January 2021 to December 2023

Location: Benton, Lincoln and Linn Counties

Site: Disability Equity Center



The Disability Equity Center will create an inclusive cultural and resource center. The Disability Equity Center will meet the diverse needs of people living with disabilities, as well as family and friends. The program includes the area across the Willamette Valley. The program will address specific needs of health care providers, identify gaps and support partnerships across formal disability support services, educate health care workers and support providers about client-driven disability health care best practices, teach the local community about ableism and change social misperceptions about people with disabilities.

Health Outcomes:

- Increase opportunities for people with disabilities to be as healthy as possible. Decrease social isolation and increase agential interdependence.
- Increase the number of people with disabilities who receive care in a way that ensures the care is understood by members and providers. Ensure members are effectively engaged in care.
- Reduce stigma and increase community awareness that disabilities are part of everyday life and widely experienced.

Sustainability: If successful, DEC will work with IHN-CCO to contract for services. More opportunities to collaborate around non-traditional health care delivery models will be researched.

Easy A

Date range: January 2022 to June 2023

Location: Benton County

Site: Old Mill Center for Children and Families,
Corvallis School District



Easy A will develop an intervention to implement in high schools to teach high school students about pain, opioid/substance misuse and healthy self-care with the support of the teachers and other school staff. Students and teachers will gain an understanding of the biopsychosocial nature of pain and become aware of how the environment and contextual factors play a role in overall health and health management.

Health Outcomes:

- Address trauma.
- Improve access to behavioral health services in non-traditional ways.
- Increase and improve access to behavioral health care in light of COVID-19.
- Increase language access including health literacy, interpreter services and translation of materials.

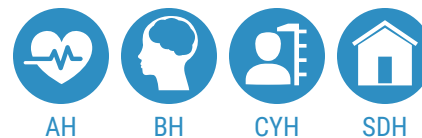
Sustainability: If successful, Easy A will be replicable in neighboring Lincoln and Linn Counties and the curriculum will be available online for access to teachers all over Oregon and other states.

Encompass

Date range: January 2019 to December 2023

Location: Benton, Lincoln and Linn Counties

Site: Samaritan Health Services



Encompass, formerly Integrated Foster Child Well-being, will develop a model of care to find the best way to coordinate care for high-need foster children. Key activities are coordination of services, intensive care coordination, creating partnerships and establishing a sustainable model.

Health Outcomes:

- Provide timely medical, dental and mental health care for all foster children.
- Support foster youth and families during transition periods.

Sustainability: If successful, the partnerships will continue and funding will occur through medical billing and reduced costs.

End of Life Support

Date range: January 2023 to December 2023

Location: Benton, Lincoln and Linn Counties

Site: Evergreen Hospice House



End of Life Support pilot will provide one designated bed (room and board) at the Evergreen Hospice House for unhoused, terminally ill community members who require extended and enhanced hospice care. While dying isn't considered a medical emergency, it can be complex and nuanced, especially in populations where trauma is present. The Care Hub's Homeless Outreach program has a primary goal of increasing access to health care for the unhoused and thereby supporting equity for our most marginalized.

Health Outcomes:

- Increase equitable access to end-of-life care for houseless community members.

Sustainability: If successful, an alternative payment process will be established for unhoused individuals at end-of-life. Ultimately, the goal is to identify a suitable process and funding to care effectively for this population and have a referral process that any community agency can access to utilize Hospice House resources.

Faith Communities Engaging Health

Date range: January 2023 to December 2023

Location: Linn County

Site: Faith Community Health Network



Faith Community Health Network brings health care access to vulnerable and diverse populations in a non-traditional setting. Community members have different needs and trusted Faith Community Nurses (FCNs) and health ministers serving within the faith community can assess the population and meet those needs in a culturally appropriate way. FCHN is in a unique position to guide health ministry teams to stimulate individuals of all races, ages, faith traditions and socioeconomic levels in faith communities and in the broader community to refocus their attention on health.

Health Outcomes:

- Using a health assessment tool, identify culturally appropriate care needs for vulnerable faith community members.
- Coordinate/conduct inclusive events and outreach.
- Increase health literacy and engagement in health activities.

Sustainability: The FCHN is sustained by in-kind donations, monetary donations and team dedication. Offering the Foundations of Faith Community Nursing Course annually also helps assure sustainability.

Health Navigation Station

Date range: September 2022 to December 2023

Location: Linn County

Site: St. Martin's Episcopal Church



The Health Navigation Station kiosk at St. Martin's Church will provide underserved populations in rural East Linn County greater technological equity to improve their health by giving them the ability to navigate access to health services they need and are eligible for. Coaches and health navigators will help people learn how to use the equipment and online resources, thereby empowering them for self-advocacy and self-care.

Health Outcomes:

- Increased access to digital health tools.
- Increased medical literacy.
- Increased access to mental and behavioral health care.

Sustainability: Ongoing costs are expected to be minimal and the pilot will be sustained through volunteer support, grants, individual donations and community partnerships.

Healthy Homes Together

Date range: January 2021 to June 2023

Location: Linn County

Site: Albany Partnership for Housing and Community Development, Family Tree Relief Nursery



Healthy Homes Together (HHT) unites community partners to spread traditional health worker services to new housing groups in Linn County. Healthy Homes Together will achieve the desired health outcomes and improve the social determinants of health for the community and IHN-CCO members. HHT will work with other community partners to provide a support network and learning opportunities for THWs within the housing community.

Health Outcomes:

- Maintain stable and safe housing.
- Improve access to health care.
- Impact behavioral health in a positive way.

Sustainability: If successful, Albany Partnership for Housing and Community Development and Family Tree Relief Nursery will work with IHN-CCO to contract for services.

Improving Access with THWs

Date range: January 2023 to December 2023

Location: Benton County

Site: Corvallis Men’s Shelter, Room at the Inn,
Third St. Commons and SafePlace: SafeCamp



Through the addition of Traditional Health Workers, Unity Shelter will increase on-site supportive services, provide additional direct assistance and advocacy for individuals in the process of finding primary care, healthy and nutritious food options and safe, permanent housing. Unity Shelter envisions a community where lack of housing or shelter is rare, brief and nonrecurring and where all people have a safe and stable place to live, connect and thrive.

Health Outcomes:

- Identify the needs of the homeless population in Corvallis.
- Increase access to mental, physical and behavioral health services.
- Improve overall health and well-being for people experiencing homelessness through on-site supportive services.

Sustainability: If successful, Unity Shelter’s budget would be adjusted to include the roles as permanent and essential staffing costs. Unity Shelter will continue to seek and apply for funding opportunities that support staffing and operational costs.

Mental Health Home Clinic

Date range: January 2021 to December 2023

Location: Linn County

Site: Samaritan Health Services, Linn County Mental Health, C.H.A.N.C.E.



The Mental Health Home Clinic will bring together community partners in a place for patients who need a comprehensive focus not only on mental health, behavioral health and crisis services, but also access to necessary medical services. Various agencies and interdisciplinary teams will provide a full range of treatment and better care to members at one location. This will occur through a team-based approach.

Health Outcomes:

- Reduce Emergency Department visits for mental health concerns.
- Decrease HgA1c levels.
- Decrease post-traumatic stress disorder, depression and anxiety symptom scores.
- Improve access through a high number of kept appointments.

Sustainability: If successful, the partnership between Samaritan Health Services, Linn County Mental Health and C.H.A.N.C.E. will continue and support the Mental Health Home Clinic.

Namaste Rx

Date range: February 2022 to December 2023

Location: Benton, Lincoln and Linn Counties

Site: Namaste Rx LLC



The overarching aim of Namaste Rx is to create behavioral health access for Medicaid recipients, through the holistic approach of yoga service integration within the community’s health care system. This will be achieved through a three-stage approach that includes Trauma Informed Training (of contracted Yogis), Service Integration and Community Outreach and Education.

Health Outcomes:

- Increase and improve access to behavioral health services with an emphasis on the impacts of COVID-19.
- Increase pay equity through building and sustaining the workforce.

Sustainability: If successful, Namaste Rx, LLC will need community support and integrated partners to sustain the Medicaid population’s use of the program. This is achievable by connecting the following services: insurance, yoga and health care providers.

Navigation to Permanent Supportive Housing

Date range: January 2020 to December 2023

Location: Lincoln County

Site: Lincoln County Sheriff's Office



Lincoln County Sheriff's Office and many other Lincoln County partners are developing a model of Permanent Supportive Housing targeting gap areas of the underhoused population. This model would add to existing projects in housing with a referral system hub supported by partners involved.

Health Outcomes:

- Identify and develop a network of community partners for wraparound services.
- Improve care coordination of housing/social services with the Patient-Centered Primary Care Home (PCPCH).
- Increase permanent housing availability.

Sustainability: If successful, Lincoln County Sheriff's Office will continue to work with IHN-CCO and other partners.

Overcoming Obstacles to Dental Care

Date range: January 2023 to December 2023

Location: Benton and Linn Counties

Site: Capitol Dental Care



Long wait times to get dental care for adults and children with special needs has driven Capitol Dental Care to seek ways to stabilize the patients who are awaiting treatment as well as find ways to prevent the need for patients with special needs to need extensive dental treatment. Reducing or eliminating transportation barriers by providing care onsite, utilizing a Community Health Worker to assist families and caregivers with navigation to definitive dental care and training and empowering caregivers to provide daily mouth care are ways to improve and reduce the health disparities.

Health Outcomes:

- Prevent patients with special needs from needing extensive dental treatment.
- Improve oral health outcomes by providing health education, navigation and assistance to patients and caregivers.
- Stabilize patients facing long wait times for oral health services.

Sustainability: If successful, funds obtained through reimbursement will help support the Community Health Worker position. ILOS may also be a viable option for covering services under Medicaid.

Pain Science Life Stories

Date range: January 2022 to June 2023

Location: Benton, Lincoln and Linn Counties

Site: Oregon Pain Science Alliance, Inc. (OPSA)



Pain Science Life Stories will develop a system to capture high-quality, edited video of the stories of health care workers whose practices are based on the BioPsychoSocial model and the stories of people whose lives have been changed by understanding Pain Science and the BioPsychoSocial model. The primary goal is to transform society's understanding of pain and improve pain care options and outcomes; and to offer individuals, families and communities hope and choices by promoting education relating to pain science, the emergent construction of pain experiences and the potential for deconstruction of pain experiences with a primary focus on the merits of self-management and empowerment strategies in the transformation process.

Health Outcomes:

- Address trauma.
- Improve access to behavioral health services in non-traditional ways.

Sustainability: If successful, OPSA will continue to collaborate with IHN-CCO entities to provide current access information to the evolving Pain Science Life Stories and will sustain the Story sessions in the future.

Primary Care Physical Therapy

Date range: January 2022 to June 2023

Location: Linn County

Site: Samaritan Lebanon Community Hospital



Primary Care Physical Therapy is a collaboration of Samaritan Lebanon Community Hospital Rehabilitation and George Fox University Physical Therapy school in the development of a primary care model of physical therapy. The goal is ultimately to provide patients with musculoskeletal or neuro-pathology with more immediate access to rehab services. This will decrease overall wait times, meet individuals at the front end who may otherwise have difficulty accessing rehab services and aid in referrals for additional services.

Health Outcomes:

- Increase access to primary care and physical therapy services.
- Decreased wait times.
- Improved behavioral health for members with chronic or persistent pain.

Sustainability: If successful, the program will be sustained by Samaritan health Services.

PSH Respite and Housing Case Management

Date range: January 2022 to June 2023

Location: Benton County

Site: Corvallis Housing First



Corvallis Housing First provides housing and supportive services, including case management, to people who have experienced under-housing issues in the community, with a special focus on serving those who need Permanent Supportive Housing (PSH). This project will establish a framework and procedures for sustainable funding through IHN-CCO, drawing on the framework of established Traditional Health Worker (THW) reimbursement.

Health Outcomes:

- Improved housing options of the underhoused.
- Improve access to resources and navigation supports.

Sustainability: If successful, an important pathway for paying for supportive services for people in housing, which will be used to leverage other resources will be established.

PUENTES: Improving Language Access and Culturally Appropriate Messaging

Date range: October 2021 to December 2023

Location: Benton and Linn Counties

Site: Casa Latinos Unidos



Puentes: Improving Language Access and Culturally Appropriate Messaging is designed to improve language access including health literacy, access to information in focused languages, collaboration with health agencies and providing supports and feedback on the needs of the Latino/a/x community to address health inequities.

Health Outcomes:

- Improve the linguistic and cultural appropriateness of the existing written material and messaging.
- Identify areas that are not addressed in existing material and messaging.

Sustainability: If successful, Casa Latinos Unidos will continue with a research methodology that will act as a replicable model focused on messaging and audience and will support other agencies.

The Health Collective

Date range: September 2022 to December 2023

Location: Benton, Lincoln and Linn Counties

Site: Samaritan Health Services/Lebanon Community Hospital



AH



BH



HL

The goal of all education is to empower learning and self-directed action; the goal of this pilot is ultimately the same. There is a lack of evidence-based resources on social media platforms to address lifestyle health for the local communities of Benton and Linn counties. This pilot would seek to create six short-format videos in English and Spanish with current research on the six pillars of lifestyle medicine as described by the American Academy of Lifestyle Medicine: Nutrition, Physical Activity, Sleep and Health, Stress Management, Avoidance of Risky Substances: Dealing with Addictions and Positive Social Connection.

Health Outcomes:

- Increase community member interaction with health literacy materials.
- Increase the amount of health-based content available in Spanish.

Sustainability: If successful, this project could continue to be funded, in part, through merchandise sales. Operations costs are expected to be relatively low.

Transitioning into a Home

Date range: September 2022 to December 2023

Location: Benton, Lincoln and Linn Counties

Site: Furniture Share



HL



SDH

It has been proven that a child who sleeps in a bed often will experience better health, improved performance in school and a better relationship with peers and family rather than practicing sleep-deprived habits. Providing furniture and household items can ensure smooth transitioning to a better quality of life. Transitioning into a Home will deliver food and household items to clients, market services to the community and build and strengthen resources with the goal of better understanding how prevalent furniture and food poverty are.

Health Outcomes:

- Reduce food insecurity through the delivery of fresh fruit and vegetable boxes.
- Reduce food poverty through distribution of furniture items.
- Improve health and well-being through improving quality of sleep.

Sustainability: If successful, Furniture Share plans to continue to promote community awareness, increase its volunteer base and gain additional funding through private and individual donors and fundraising events.

Walk n' Roll

Date range: September 2022 to December 2023

Location: Benton, Lincoln and Linn Counties

Site: Newport 60+ Activity Center



Walk n' Roll is a unique hybrid solution to allow equitable participation in the program Walk With Ease (WWE). Those completing the WWE program reported reduced pain, improved balance, gains in strength and increased confidence. This walking program is designed for anyone capable of standing for five minutes. It is extremely adaptive and can benefit participants who engage from a chair, wheelchair or walking aids.

Health Outcomes:

- Increase percentage of members who receive appropriate care at the appropriate time and place.
- Increase the percentage of members who receive care communicated in a way that ensures that they can understand and be understood by their care providers and that they are effectively engaged in their care.
- Increase the number of members who are living a healthful lifestyle.
- Increase health equity.

Sustainability: Oregon Health Authority and Comagine Health have been working with Medicaid to establish reimbursement for fall prevention programs, including WWE. This work at the state level will impact the ability to financially sustain evidence-based programming.

Wellness Care Team

Date range: January 2023 to December 2023

Location: Linn County

Site: Family Assistance & Resource Center Group



Family Assistance & Resource Center Group (FAC) is putting in place a specialized wraparound care team of professionals and peers that will address health disparities in our rural unsheltered/homeless population. This team will provide individualized care to treat the whole person (mentally, physically and emotionally) through street outreach and in-reach at the FAC micro shelter and navigation site. The program will combine medical and social interventions on the street and in shelter spaces with community. Rather than treat isolated health problems without considering the person’s social or environmental situation, this program provides care that recognizes the interaction between health and housing in improving health and well-being.

Health Outcomes:

- Increase access to services, resources and education for those experiencing houselessness.
- Prevent overdose deaths and deliver services that enable warm handoffs for detox and treatment using a harm reduction approach.
- Improve quality and cultural appropriateness of care.

Sustainability: If successful, the pilot will be sustained through continued funding and reimbursement models.

Women Veterans Cohort

Date range: October 2021 to December 2023

Location: Benton, Lincoln and Linn Counties

Site: Red Feather Ranch



The Women Veteran Cohort Pilot provides a framework to build a local community peer support network wherein participants are given tools to identify aspects of their own health that they would like to improve and ways to visualize and attain those improved outcomes. Women participants will finally be seen, mirrored, validated and honored for their service and sacrifice. The Cohort resolves the isolation and internalized stigma that occurs from not fitting in with the largely male veteran community and not fitting in with civilian women.

Health Outcomes:

- Increase the percentage of women veterans who receive appropriate care at the appropriate time and place.
- Reduce stigma and increase community awareness about behavioral health issues experienced by women veterans.
- Increase mental health and substance use screenings, services, referrals and peer and parent support for women veterans.
- Improve care for women veterans experiencing severe and persistent mental illness.
- Behavioral health funded and practiced with equal value and priority as physical health.
- Increase health equity for women veterans.

Sustainability: If successful, Red Feather Ranch will encourage past participants to become peer leaders and continue the program.

InterCommunity 
Health Network CCO

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