



IHN-CCO Transformation
Summary of Current Pilots
for Benton, Lincoln and Linn Counties

2022 IHN-CCO Transformation Pilots

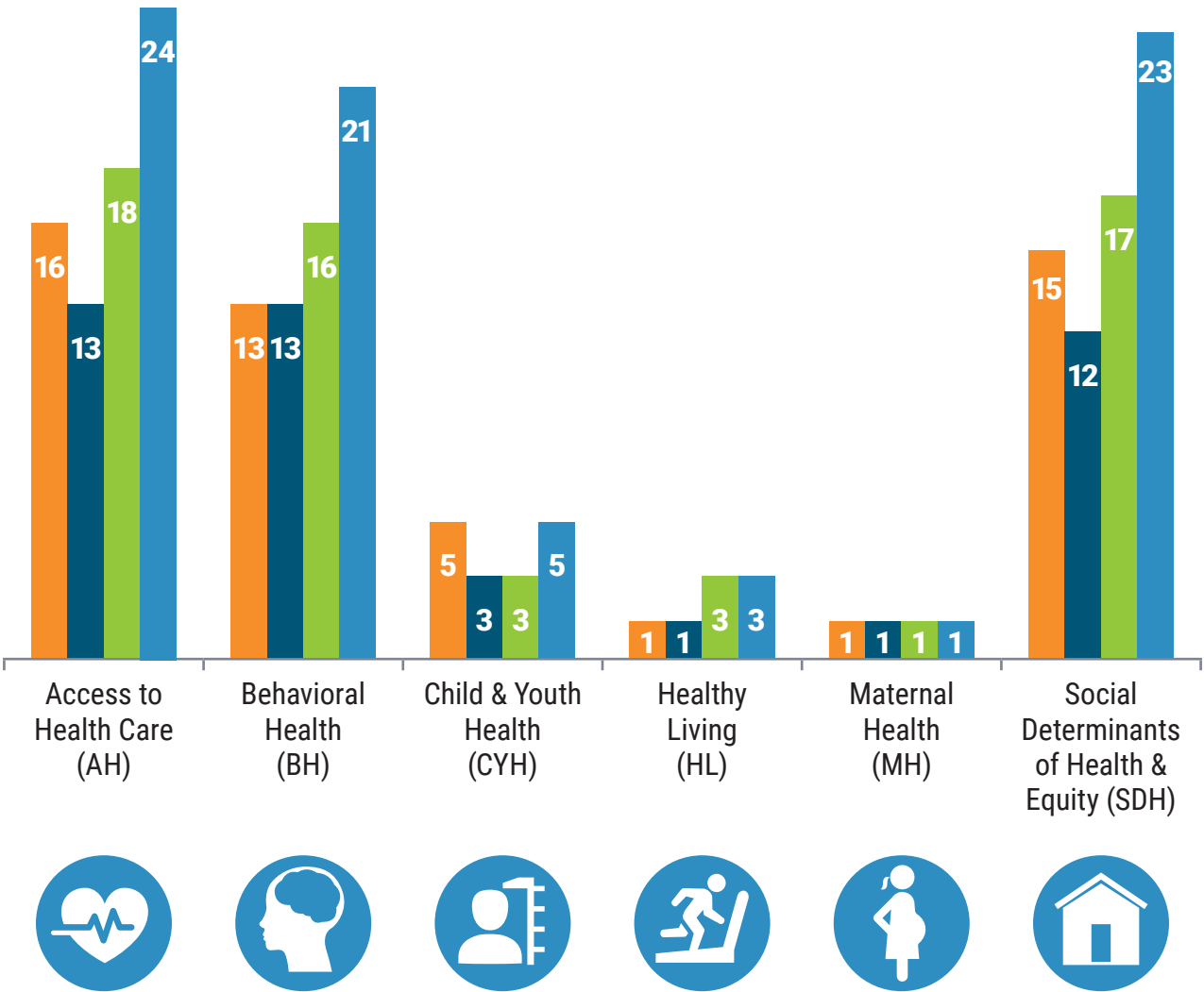
These are the current InterCommunity Health Network Coordinated Care Organization (IHN-CCO) Transformation pilots in Benton, Lincoln and Linn counties. Pilots are selected from a competitive Request for Proposals process. The goal is to achieve better quality health care, lower costs and more access to services through innovative, equity-focused initiatives.

To be considered, pilots must meet at least one Community Health Improvement (CHIP) area. The new pilots in 2021 must address at least one CHIP Outcome and Indicator Concept in the area of Access, Behavioral Health or Social Determinants of Health and Equity. The graph below shows the CHIP areas addressed by each pilot and the icons are carried through the document to represent CHIP areas for each pilot summary.

Transformation Pilots

by CHIP Area and by County

- Benton County
- Lincoln County
- Linn County
- Total



Arcoiris Cultural

Date range: January 2022 to December 2022

Location: Lincoln County

Site: Olalla Center



Arcoiris Cultural focuses on the Latino/a/x and Central American Indigenous communities to create a vibrant, arts-centric, community-driven space in Lincoln County. The center promotes community health and wellness through deep community building, providing culturally specific resource navigation, health education and outreach and creating a place for traditional arts and culture to thrive. Arcoiris Cultural seeks to honor and connect with the resiliency, creativity and diversity of immigrant, migrant and refugee communities while leveraging the resources, partnerships and experience of the Olalla Center to build health through building community.

Health Outcomes:

- Address impacts of trauma.
- Improve access and increase awareness around resources and services.
- Increase health outcomes through increasing feelings of community, safety and well-being.

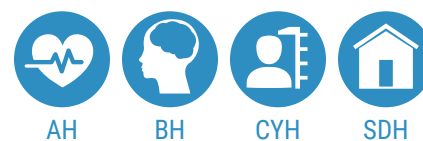
Sustainability: If successful, the Olalla Center will continue support of Arcoiris Cultural and will explore billing of services for resource navigation.

CommCard Program

Date range: January 2021 to December 2022

Location: Benton, Lincoln and Linn counties

Site: The Arc of Benton County



The CommCard Program is a communication and accommodation program for people with developmental disabilities (DD) and the health care professionals who serve this population. The CommCard Program is operating in Benton, Lincoln and Linn County middle and high schools. The goal is to empower students with communication DD to build skills, access tools and develop the confidence to help them speak up. The CommCard Program involves a card that can be adapted to individuals and has important communication accommodation information. Training for both the cardholders and health care professionals who will be viewing the patients' cards is available.

Health Outcomes:

- Address health inequities among people with DD.
- Increase access to health care professionals for young people with disabilities.
- Improve satisfaction for health care professionals.

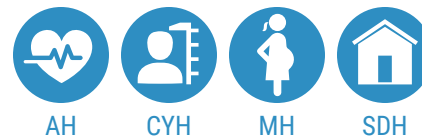
Sustainability: If successful, The Arc of Benton County will continue to support the CommCard Program in all three counties.

Community Doula Program

Date range: January 2021 to December 2022

Location: Benton, Lincoln and Linn Counties

Site: Heart of the Valley Birth and Beyond



Birth doulas are Traditional Health Workers that build trusting relationships with pregnant members and provide physical, emotional and informational support during labor and birth. The goals are to increase the number of birth doulas, improve health outcomes and evaluate medical cost savings for pregnant members of IHN-CCO.

Health Outcomes:

- Increase number of Spanish speaking doulas in the community.
- Improve birth outcomes such as prematurity, cesarean-section and pain medication use.
- Cross train active multi-lingual doulas to serve as health care interpreters.

Sustainability: If successful, Heart of the Valley Birth and Beyond will bill for services and seek out funding for the training portions.

Culturally Responsive Peer Services

Date range: January 2022 to December 2022

Location: Benton and Linn Counties

Site: Family Tree Relief Nursery



Culturally Responsive Peer Services focuses on improving access to behavioral health services in non-traditional ways. Culturally Responsive Peer Services develops a bicultural and bilingual workforce to support the Indigenous/Tribal and Latino/a/x IHN-CCO members in communities impacted by Substance Use Disorder (SUD). By being embedded within the communities where members are experiencing disease, this innovative model seeks to achieve more positive health outcomes. The overarching goal is for this innovative model to be embedded in the community where members experience disease leading to more positive health outcomes.

Health Outcomes:

- Increase percentage of IHN-CCO members receiving appropriate, trauma-informed and culturally responsive care.
- Increase substance use screenings, service referrals and access to peer and parent support for IHN-CCO members.
- Improve health equity for IHN-CCO members who receive community responsive peer services.

Sustainability: If successful, Family Tree Relief Nursery will continue support of Culturally Responsive Peer Services and will explore billing of services for resource navigation.

Culture of Supports

Date range: January 2021 to December 2022

Location: Lincoln County

Site: North End Senior Solutions



Culture of Supports creates a process of screening for behavioral and memory health that includes follow-up supports. This results in a better relationship between an IHN-CCO member and health care providers (HCP). Supports provided include education, peer and mentor support, adaptive tools and addressing social determinants of health concerns. The process of healing and well-being shifts from health care providers to the individual members. The desired outcome will be an engaged “partnership in health” resulting from a culture of supports within the community.

Health Outcomes:

- Improve member satisfaction with HCPs.
- Provide community screening and supportive programs for behavioral and memory health.
- Contribute to HCPs awareness, knowledge and skills for communication with behaviors.
- Provide more transportation options for members.
- Eliminate or compensate for disparities that increase health risk.

Sustainability: If successful, North End Senior Solutions will work to contract with IHN-CCO for traditional health worker services and continue education and training.

Decolonizing Behavioral Health Supports

Date range: January 2022 to December 2022

Location: Benton, Lincoln and Linn Counties

Site: Corvallis Daytime Drop-in Center (CDDC)



Corvallis Daytime Drop-in Center is a crucial resource hub for information, referral and direct services for individuals experiencing poverty in the community of Linn and Benton counties. CDDC meets people’s basic needs, provides dignified advocacy, offers opportunities for building community and social networks and supports individuals’ welfare across emergency, transitional and ongoing life circumstances. This innovative pilot project, one that provides new and different learning, aims to decrease systemic barriers and promote increased health equity for underhoused and low-income community members through more robust behavioral health direct support.

Health Outcomes:

- Address trauma.
- Improve access to behavioral health services in non-traditional ways.
- Increase and improving access to behavioral health care in light of COVID-19.
- Assist subpopulations of IHN-CCO members that experience health disparities.

Sustainability: If successful, a formal fundraising strategy will be established to create space for confidential counseling at CDDC and create long-term funding opportunities from a variety of sources, streams and partnerships.

Depression Screenings in Dental Practices

Date range: April 2022 to December 2022

Location: Benton, Lincoln and Linn Counties

Site: Advantage Dental Services



Members with behavioral health issues can access the behavioral health system in numerous ways and places, but a key linkage remains missing between mental health and oral health system. To bridge this gap, Advantage will implement depression screenings in dental offices and create a referral pathway to behavioral health for members with behavioral health needs as identified through the screening process. Dental offices will conduct depression screenings, and then provide all screening forms to Advatage’s Care Coordinator, who will then help facilitate referrals as appropriate.

Health Outcomes:

- Improve access to behavioral health services in non-traditional ways.
- Increase and improve access to behavioral health care in light of COVID-19.
- Increase the number of IHN-CCO members who complete a depression screening.

Sustainability: If successful, the number of IHN-CCO members who access mental health services based on identified need will increase — resulting in an overall healthier population.

Developing a Diverse Dental Workforce

Date range: January 2022 to December 2022

Location: Benton and Linn Counties

Site: Capitol Dental Care



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Developing a Diverse Dental Workforce will fast-track high school graduates into a dental career as certified dental assistants and interpreters after graduation. Capitol Dental Care (CDC) has a dental assistant (DA) program to train dental assistants, but the current employment environment has resulted in underutilization of the training program. The schools' expertise and experience in career counseling programs make them uniquely positioned to advertise and identify applicants for this program. The schools' expertise and experience in career counseling programs to advertise and identify applicants for this program will be relied on heavily. Upon completion, graduates will have radiology and dental assisting certification and will be contracted for full-time placement with full-time benefits as dental assistants in a CDC dental office. In addition, the requirements for the Oregon Health Care Interpreter Program will be fulfilled.

Health Outcomes:

- Developed a bilingual and bicultural workforce.
- Increase pay equity through building and sustaining the workforce.
- Assist subpopulations of IHN-CCO members that experience health disparities.

Sustainability: If successful, Capital Dental Care will continue support of Developing a Diverse Dental Workforce and replicate in other regions if successfully implemented in these two high schools.

Disability Equity Center

Date range: January 2021 to December 2022

Location: Benton, Lincoln and Linn Counties

Site: Disability Equity Center



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The Disability Equity Center will create an inclusive cultural and resource center. The Disability Equity Center will meet the diverse needs of people living with disabilities, as well as family and friends. The program includes the area across the Willamette Valley.

The program will:

- Address specific needs of health care providers.
- Identify gaps and support partnerships across formal disability support services.
- Educate health care workers and support providers about client-driven disability health care best practices.

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- Teach the local community about ableism.
- Change social misperceptions about people with disabilities.

Health Outcomes:

- Increase opportunities for people with disabilities to be as healthy as possible. Decrease social isolation and increase agential interdependence.
- Increase the number of people with disabilities who receive care in a way that ensures the care is understood by members and providers. Ensure members are effectively engaged in care.
- Reduce stigma and increase community awareness that disabilities are part of everyday life and widely experienced.

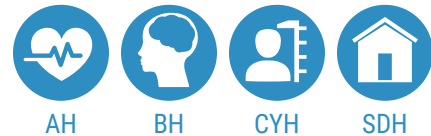
Sustainability: If successful, DEC will work with IHN-CCO to contract for services. More opportunities to collaborate around non-traditional health care delivery models will be researched.

Easy A

Date range: January 2022 to June 2023

Location: Benton County

Site: Old Mill Center for Children and Families, Corvallis School District



Easy A will develop an intervention and implement in high schools to teach high school students about pain, opioid/substance misuse and healthy self-care with the support of the teachers and other school staff, that can be delivered in person and/or remotely. Students and teachers will gain an understanding of the biopsychosocial nature of pain and become aware of how the environment and contextual factors play a role in overall health and health management. Because of the increased knowledge and experiences with the content, students, with the support of teachers, will be empowered to be role models for peers as well as advocates for health care and treatment, becoming ambassadors for positive behavioral management of health.

Health Outcomes:

- Address trauma.
- Improve access to behavioral health services in non-traditional ways.
- Increase and improve access to behavioral health care in light of COVID-19.
- Increase language access including health literacy, interpreter services, and translation of materials.

Sustainability: If successful, Easy A will be replicable in neighboring Linn and Lincoln Counties and the curriculum will be available online for access to teachers all over Oregon and other states.

Healthy Homes Together

Date range: January 2021 to December 2022

Location: Linn County

Site: Albany Partnership for Housing and Community Development, Family Tree Relief Nursery



Healthy Homes Together (HHT) unites community partners to spread traditional health worker services to new housing groups in Linn County. Healthy Homes Together strives to improve health outcomes and improve social determinants of health for both IHN-CCO members and the broader community. HHT will work with other community partners to provide a support network and learning opportunities for THWs within the housing community.

Health Outcomes:

- Maintain stable and safe housing.
- Improve access to health care.
- Impact behavioral health in a positive way.

Sustainability: If successful, Albany Partnership for Housing and Community Development and Family Tree Relief Nursery will work with IHN-CCO to contract for services.

Hub City Village

Date range: January 2020 to December 2022

Location: Linn County

Site: Creating Housing Coalition



Creating Housing Coalition is partnering with several agencies to develop the first tiny home community in Linn County. This is a new and different housing model which meets a need unmet by single family houses and apartments. It also addresses access to resources through onsite health navigation.

Health Outcomes:

- Complete closed loop referral process based on health needs and income.
- Establish circle of providers.

Sustainability: If successful, Creating Housing Coalition will work with IHN-CCO to contract for services and expand to other areas.

Integrated Foster Child Well-being

Date range: January 2019 to December 2022

Location: Benton, Lincoln and Linn Counties

Champion: Dr. Carissa Cousins, Samaritan Health Services



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Integrated Foster Child Well-being will develop a model of care to find the best way to coordinate care for high-need foster children. Key activities are coordination of services, intensive care coordination, creating partnerships and establishing a sustainable model.

Health Outcomes:

- Provide timely medical, dental and mental health care for all foster children.
- Support foster youth and families during transition periods.

Sustainability: If successful, the partnerships will continue and funding will occur through medical billing and reduced costs.

Mental Health Home Clinic

Date range: January 2021 to December 2022

Location: Linn County

Site: Samaritan Health Services, Linn County Mental Health, C.H.A.N.C.E.



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The Mental Health Home Clinic will bring together community partners in a place for patients who need a comprehensive focus not only on mental health, behavioral health, and crisis services, but also access to necessary medical services. Various agencies and interdisciplinary teams will provide a full range of treatment and better care to members at one location. This will occur through a team-based approach.

Health Outcomes:

- Reduce Emergency Department visits for mental health concerns.
- Decrease HgA1c levels.
- Decrease post-traumatic stress disorder, depression and anxiety symptoms scores.
- Improve access through a high number of kept appointments.

Sustainability: If successful, the partnership between Samaritan Health Services, Linn County Mental Health and C.H.A.N.C.E. will continue and support the Mental Health Home Clinic.

Namaste Rx

Date range: February 2022 to December 2022

Location: Benton, Lincoln and Linn Counties

Site: Namaste Rx LLC



The overarching aim of Namaste Rx is to increase behavioral health access for Medicaid recipients through the integration of holistic yoga practices within the community's health care system. This will be achieved through a three-stage approach that includes Trauma Informed Training (of contracted Yogis), Service Integration and Community Outreach & Education.

Health Outcomes:

- Increase and improve access to behavioral health services with an emphasis on the impacts of COVID.
- Increase pay equity through building and sustaining the workforce.

Sustainability: If successful Namaste Rx, LLC will need community support and integrated partners to sustain the Medicaid population's use of the program. This is achievable by connecting the following services: insurance, yoga and health care providers.

Navigation to Permanent Supportive Housing

Date range: January 2020 to December 2022

Location: Lincoln County

Site: Lincoln County Sheriff's Office



Lincoln County Sheriff's Office and many other Lincoln County partners are developing a model of Permanent Supportive Housing targeting gap areas of the underhoused population. This model would add to existing projects in housing with a referral system hub supported by partners involved.

Health Outcomes:

- Identify and develop network of community partners for wrap around services.
- Improve care coordination of housing/social services with the Patient-Centered Primary Care Home (PCPCH).
- Increase permanent housing availability.

Sustainability: If successful, Lincoln County Sheriff's Office will continue to will work with IHN-CCO and other partners.

Overcoming Barriers, Foster Youth

Date range: October 2021 to December 2022

Location: Benton County

Site: CASA - Voices for Children



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Overcoming Barriers, Foster Youth will monitor medical, dental, vision, mental health and service referrals for foster children. The program will collaborate with the Juvenile Court Improvement Program and the implementation of the Independent Living Program, the CASA-Voices for Children’s Trauma Informed Tutoring Program and Cultural Advocate Partner Program.

Health Outcomes:

- Monitor foster children’s medical, dental, vision and mental health services.
- Engage teens with the Independent Living Program that meet unique needs.
- Assign a tutor to foster children with the need identified.
- Implement the Cultural Advocate Partner Program with partners in the foster children’s demographic.

Sustainability: If successful, programs will expand the reach and services provided to foster youth. Other CASA programs in Oregon can implement based on community needs.

Pain Science Life Stories

Date range: January 2022 to June 2023

Location: Benton, Lincoln and Linn Counties

Site: Oregon Pain Science Alliance, Inc. (OPSA)



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Pain Science Life Stories will develop a system to capture high-quality, edited video of the stories of health care workers whose practices are based on the BioPsychoSocial model and the stories of people whose lives have been changed by understanding Pain Science and the BioPsychoSocial model. The primary goal is “to transform society’s understanding of pain and improve pain care options and outcomes; and to offer individuals, families and communities hope and choices by promoting education relating to pain science, the emergent construction of pain experiences and the potential for deconstruction of pain experiences with a primary focus on the merits of self-management and empowerment strategies in the transformation process.”

Health Outcomes:

- Address trauma.
- Improve access to behavioral health services in non-traditional ways.

Sustainability: If successful, OPSA will continue to collaborate with IHN-CCO entities to provide current access information to the evolving Pain Science Life Stories and will sustain the Story sessions in the future.

Pathfinder Behavioral Health Transformation

Date range: January 2022 to December 2022

Location: Benton, Lincoln and Linn Counties

Site: Pathfinder Clubhouse



Pathfinder Behavioral Health Transformation improves access to non-traditional behavioral health services that help adults living with mental illness address trauma and housing insecurity, as well as address overall socio-economic inequities facing this population. Pathfinder Clubhouse supports members by becoming a part of the community discharge plan from inpatient and partial hospitalization. Pathfinder Behavioral Health Transformation brings an innovative approach by utilizing Community Health Workers from diverse backgrounds for the first time in a non-traditional way to deliver culturally responsive services.

Health Outcomes:

- Improve access to nonclinical behavioral health supports and services through the innovative use of discharge planning to better meet the needs of those who are most at risk and in need of behavioral health supports.
- Reduce Hospitalizations by 50% for members actively participating in clubhouse services.
- Reduce Emergency Department utilization by 10% among members actively participating in clubhouse services.
- Increase services to non-traditional behavioral health treatment for 70 IHN-CCO Members.

Sustainability: If successful, Pathfinder Clubhouse will continue support through enhanced partnerships and fundraising capabilities.

Peer Enhanced Emergency Response

Date range: January 2022 to December 2022

Location: Linn County

Site: Communities Helping Addicts Negotiate Change Effectively (C.H.A.N.C.E.)



C.H.A.N.C.E. partners within the tri county region with a host of agencies to provide after hours and weekend peer support for people facing mental and/or physical health crisis. Through this work, C.H.A.N.C.E. has identified key service area gaps, as well as areas of opportunity around ways to better service and support peers who are experiencing crisis. The program will focus on meeting the unique needs of someone experiencing a mental and/or physical health crisis, reducing emergency department utilization and unnecessary jail visits.

Health Outcomes:

- Address trauma.
- Improve access to behavioral health services in non-traditional ways.
- Increase and improve access to behavioral health care in light of COVID-19.
- Increase pay equity through building and sustaining the workforce.

Sustainability: If successful, C.H.A.N.C.E. will continue to evaluate, build and strengthen relationships with other organizations to create the support necessary to replicate in other counties.

Primary Care Physical Therapy

Date range: January 2022 to December 2022

Location: Linn County

Site: Samaritan Lebanon Community Hospital



Primary Care Physical Therapy is a project which leads the Samaritan Lebanon Community Hospital Rehabilitation department teaming with the George Fox University Physical Therapy school in the development of a Primary Care model of physical therapy. The driving force behind this pilot is for the development of a sustainable training program that allows training for physical therapists in the patient-centered primary care model (PCPMC). This model is to provide those patients with musculoskeletal or neuro pathology with more immediate access to rehab services. This will decrease overall wait times; meet individuals at the front end who may otherwise have difficulty accessing rehab services; aid in discerning the need for physical therapy or other services like mental health for psychosocial issues that may be contributing factors to chronic and persistent pain patients.

Health Outcomes:

- Increase access to primary care and physical therapy services.
- Decreased wait times.
- Improved behavioral health for members with chronic or persistent pain.

Sustainability: If successful, the program will be sustained by Samaritan health Services.

PSH Respite and Housing Case Management

Date range: January 2022 to June 2023

Location: Benton County

Site: Corvallis Housing First (CHF)



Corvallis Housing First provides housing and supportive services, including case management, to people who have experienced underhousing issues in the community, with a special focus on serving those who need Permanent Supportive Housing (PSH). This project will establish a framework and procedures for sustainable funding through IHN-CCO, drawing on the framework established Traditional Health Worker (THW) reimbursement.

Health Outcomes:

- Improved housing options of the underhoused.
- Improve access to resources and navigation supports.

Sustainability: If successful, an important pathway for paying for supportive services for people in housing, which will be used to leverage other resources will be established.

Puentes: Improving Language Access and Culturally Appropriate Messaging

Date range: October 2021 to December 2022

Location: Benton and Linn Counties

Site: Casa Latinos Unidos



Puentes: Improving Language Access and Culturally Appropriate Messaging is designed to improve language access. This includes health literacy, access to information in focused languages, collaboration with health agencies and providing supports and feedback on the needs of the Latinx community to address health inequities.

Health Outcomes:

- Improve the linguistic and cultural appropriateness of the existing written material and messaging.
- Identify areas that are not addressed in existing material and messaging.

Sustainability: If successful, Casa Latinos Unidos will continue with a research methodology that will act as a replicable model focused on messaging and audience and will support other agencies.

Therapeutic Treatment Homes

Date range: January 2022 to December 2022

Location: Benton, Lincoln and Linn Counties

Site: Greater Oregon Behavioral Health Inc. (GOBHI)



Therapeutic Treatment Homes is working to increase the number of certified therapeutic homes that will provide full time Behavior Rehabilitative Services (BRS), or part time mental health respite, to IHN-CCO youth members living in Benton, Lincoln or Linn Counties. GOBHI aims to provide a unique service to the community by reducing the number of out of home placements, reducing higher levels of care for children through, and focusing on an overall approach of providing supports for youth with behavioral needs as well as providing a break for their families.

Health Outcomes:

- Address trauma.
- Develop a bilingual/bicultural workforce.
- Improve access to behavioral health services in a non-traditional way.
- Increase access to behavioral health care in light of COVID-19.

Sustainability: If successful, Therapeutic Treatment Homes will develop foster homes in a community, all daily costs are supported through services provided through the contracts held through Oregon Department of Human Services (ODHS) or the Coordinated Care Organizations (CCO). Once established, GOBHI will meet this community need as well as grow as a program which creates more opportunities for youth, families and community partners.

Wellness in Neighborhood Stores

Date range: January 2020 to December 2022

Location: Linn County

Champions: Linn County Public Health/Oregon State University



Linn County Public Health (LCPH) and OSU Center for Health Innovation (OSU) are partnering with convenience store owners and managers on environmental and health impact assessments. Convenience stores will be assessed and adjusted to improve healthy eating and food security in areas IHN-CCO members live.

Health Outcomes:

- Increase the percentage of IHN-CCO members who have access to healthy food.
- Improve understanding of IHN-CCO members' health needs with regard to shopping in convenience stores.

Sustainability: If successful, Linn County Public Health and Oregon State University will develop a toolkit for dissemination throughout the region.

Women Veterans Cohort

Date range: October 2021 to December 2022

Location: Benton, Lincoln and Linn Counties

Sites: Red Feather Ranch



The Women Veteran Cohort Pilot provides a framework to build a local community peer support network wherein participants are given tools to identify aspects of their own health that they would like to improve and ways to visualize and attain those improved outcomes. Women participants will finally be seen, mirrored, validated and honored for their service and sacrifice. The Cohort strives to resolve the isolation and internalized stigma faced by veteran women who may not feel that they fit in within either the largely male veteran community or civilian women's communities.

Health Outcomes:

- Increase the percentage of women veterans who receive appropriate care at the appropriate time and place.
- Reduce stigma and increase community awareness about behavioral health issues experienced by women veterans.
- Increase mental health and substance use screenings, services, referrals and peer and parent support for women veterans.
- Improve care for women veterans experiencing severe and persistent mental illness.
- Behavioral health funded and practiced with equal value and priority as physical health.
- Increase health equity for women veterans.

Sustainability: If successful, Red Feather Ranch will encourage past participants to become peer leaders and continue the program.

InterCommunity 
Health Network CCO

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IHNtogether.org